



Barn Shop and Veg Box Scheme

Would you like to enjoy fresh produce direct from the farm? Our produce is grown as naturally as possible so our veg may not always look perfect but the taste is always great!

We offer

- A large selection of seasonal vegetables grown in our own market garden
- Fruit from our orchard
- Pork, lamb and mutton reared on our farm
- Eggs
- Apple juice, preserves and honey
- Knitwear made from our sheep's fleeces
- Plants and herbs for your garden
- Half and whole pigs and lambs, butchered to your requirements



As a Care Farm we offer opportunities to disadvantaged people to use the farm for recovery, day care and work preparation. The people that come to Clinks Care Farm help to grow our vegetables and look after our animals. People learn skills, increase their confidence and self-esteem, and improve their well-being. So your vegetables, meat and eggs have added social value!

*Clinks Farm, Church Road,
Toft Monks, Norfolk
NR34 0ET
www.clinkscarefarm.org.uk
localfood@clinkscarefarm.org
01502 679134*



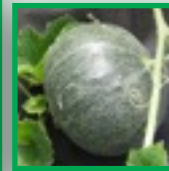
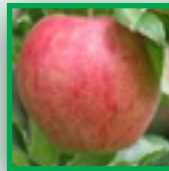
Clinks Care Farm Barn Shop – open daily from 9.30am to 4pm. A selection of produce is available on the Stall out of hours.

Clinks Care Farm Veg & Meat Box Scheme



You can choose from the following boxes:

- **Small household box** £8.00 or £7 if you collect from the farm
4 eggs, 750g potatoes, 250g onions, small bunch of carrots and 3 to 4 other veg
Suitable for 1 or 2 people
- **Standard box** £10.00 or £9 if you collect
½ doz eggs, 1.5 kg potatoes, 500g onions, 1 bunch of carrots and 4 to 5 other veg
Suitable for 3 to 4 people or a veg loving couple
- **Veg lovers box** £14.00 or £13 if you collect
10 eggs, 2.5 kg potatoes, 1 kg onions, large bunch of carrots and 6 to 7 other veg
Suitable for 5 or more people
- **Meat box** £12.50
a selection of 2-4 packs of frozen meat direct from the farm e.g. lamb chops, bacon, sausages and burgers



Deliveries can be left in a convenient place for you. Payment is monthly by BACS, cash or cheque.

A food box membership form is available in the shop and on the website, or you can phone or email us.